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Connecticut Hospital Association Recognizes Middlesex Hospital's Dorothy Carvalho As a 2011 Healthcare Hero

June 24, 2011, Wallingford - At its 93rd Annual Meeting on June 23, the Connecticut Hospital Association (CHA) recognized **Dorothy Carvalho, RN, OCN, Urology/Nurse Navigator, Middlesex Hospital,** as a *2011 Healthcare Hero*. She was nominated for this award by her colleague Dennis McCann.

Dorothy identified a need in the community for the underserved population of men in Middletown and came up with the idea of an entirely free program, *Men's Health Event*. She organized a huge, all-volunteer staff, including doctors, nurses, radiologists, a hospital chaplain, dietician, social worker, hospital administrator, masseuse, fitness trainer, and students. Nearly 50 men attended and several men received a diagnosis that required follow-up, which may turn out to be life-saving.

CHA's "Healthcare Heroes" Contest was developed in 2002 to celebrate the invaluable contributions of healthcare workers, both to their field and to the community at large. Now in its tenth year, the presentation of the "Healthcare Heroes" awards has become a highlight of CHA's Annual Meeting.

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The Connecticut Hospital Association has been dedicated to serving Connecticut's hospitals since 1919. Through state and federal advocacy, CHA represents the interests of Connecticut's not-for-profit hospitals on key healthcare issues in the areas of quality and patient safety, access and coverage, workforce, public health, and hospital reimbursement.